

# Directory of Physicians & Services



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Bakersfield, CA 93311

**Also**

661.822.5537  
804 Tucker Rd, #G  
Tehachapi, CA 93561

*Psychiatry*

**Pamela Alfafara, MD**  
661.834.8341  
5500 Ming Ave, #210  
Bakersfield, CA 93309

**Veena Doddakashi, MD**  
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6001-A Truxtun Ave, #160  
Bakersfield, CA 93309

**Danilo Fernandez, MD**  
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5500 Ming Ave, #210  
Bakersfield, CA 93309

**Ravi Goklaney, MD**  
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**Jaswant Khokhar, MD**  
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Bakersfield, CA 93309

**Albert Ma, MD**  
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Bakersfield, CA 93309

**Iyengar Malini, MD**  
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*Pulmonology*

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760.379.4577  
6621 Lake Isabella Blvd  
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2901 Sillect Ave, #202  
Bakersfield, CA 93308

**Ralph Garcia-Pacheco, MD**  
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**Sahaphun Hansa, MD**  
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3838 San Dimas, Bldg A, #250  
Bakersfield, CA 93301

**Robert Laughlin, MD**  
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3838 San Dimas, Bldg A, #250  
Bakersfield, CA 93301

**Augustine Munoz, MD**  
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Bakersfield, CA 93306

*Radiation Oncology*

**Ajay Desai, MD**  
661.322.2206  
6501 Truxtun Ave  
Bakersfield, CA 93309

**Giridhar Gorla, MD**  
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6501 Truxtun Ave  
Bakersfield, CA 93309

*Reproductive Medicine*

**Ramchandra Ayyagari, MD**  
661.323.3266  
3535 San Dimas St, #20  
Bakersfield, CA 93301

*Rheumatology*

**Jeffrey Bacon, DO**  
661.327.5037  
3737 San Dimas St, #101  
Bakersfield, CA 93301

**Martin Berry, MD**  
661.327.5037  
3737 San Dimas St, #101  
Bakersfield, CA 93301

*Surgery, Cardiovascular*

**Patrick Paw, MD**  
661.327.8538  
3838 San Dimas St, #A-100  
Bakersfield, CA 93301

**Eric Peck, MD**  
661.327.8538  
3838 San Dimas St, #A-100  
Bakersfield, CA 93301

**Sarabjit Purewal, MD**  
661.327.8538  
3838 San Dimas St, #A-100  
Bakersfield, CA 93301

*Surgery, General*

**John Buxton, MD**  
661.665.0505  
3838 San Dimas St, #B-231  
Bakersfield, CA 93301

**Michel Michael, MD**  
661.665.0505  
3838 San Dimas St, #B-231  
Bakersfield, CA 93301





**C. Vincent Phillips, MD**  
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3838 San Dimas St, #B-231  
Bakersfield, CA 93301

**Farzin Shariatmadari, MD**  
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3838 San Dimas St, #B-231  
Bakersfield, CA 93301

**E. William Taylor, MD**  
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3838 San Dimas St, #B-231  
Bakersfield, CA 93301

***Surgery, Hand***  
**Kamil Erfanian, MD**  
661.328.5565  
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Bakersfield, CA 93309

**Charles Wong, DO**  
9500 Stockdale Hwy, #109  
661.663.6550  
Bakersfield, CA 93309

***Surgery, Head & Neck***  
**Tung Trang, MD**  
661.322.2206  
6501 Truxtun Ave  
Bakersfield, CA 93309

***Surgery, Neurological***  
**Olusegun Leramo, MD**  
661.872.9999  
2601 Oswell St, #101  
Bakersfield, CA 93306

**William Meyer, MD**  
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2201 Mt Vernon Ave, #211  
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**Majid Rahimifar, MD**  
661.872.9999  
2601 Oswell St, #101  
Bakersfield, CA 93306

**Benjamin Serxner, MD**  
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Bakersfield CA 93306

***Surgery, Orthopedic***  
**Vahdatyar Amirpour, MD**  
661.327.2500  
2501 H St  
Bakersfield, CA 93301

**Firooz Amjadi, MD**  
661.324.2491  
1921 18th St  
Bakersfield, CA 93301

**Brian Brenner, MD**  
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1921 18th St  
Bakersfield, CA 93301

**PR Chandrasekaran, MD**  
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Bakersfield, CA 93311

**Christopher Hamilton, MD**  
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Bakersfield, CA 93309

**Matthew Malerich, MD**  
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Bakersfield, CA 93311

**Mark Schamblin, MD**  
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2400 Bahamas Dr, #200  
Bakersfield, CA 93309

**Steven Schopler, MD**  
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2400 Bahamas Dr, #200  
Bakersfield, CA 93309

**Todd Shapiro, MD**  
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2400 Bahamas Dr, #200  
Bakersfield, CA 93309

**Albert Swafford, MD**  
661.663.6550  
9500 Stockdale Hwy, #109  
Bakersfield, CA 93311

**Michael Tivnon, MD**  
661.663.7600  
300 Old River Rd, #150  
Bakersfield, CA 93311

**George Wahba, MD**  
661.663.6550  
400 Old River Rd  
Bakersfield, CA 93311

***Surgery, Plastic & Reconstructive***  
**Peter Ashjian, MD**  
661.327.2101  
2901 Sillect Ave, #201  
Bakersfield, CA 93308

**Vipul Dev, MD**  
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2901 Sillect Ave #201  
Bakersfield, CA 93308

**Kamil Erfanian, MD**  
661.328.5565  
2400 Bahamas Dr, #200  
Bakersfield, CA 93309

**Gordon Mitts, MD**  
661.324.7208  
2525 H St  
Bakersfield, CA 93301

***Surgery, Thoracic***  
**Jemi Olak, MD**  
661.322.2206  
6501 Truxtun Ave  
Bakersfield, CA 93309

***Surgery, Vascular***  
**Javier Miro, MD**  
661.665.0505  
3838 San Dimas St, #B-231  
Bakersfield, CA 93301

**C. Vincent Phillips, MD**  
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3838 San Dimas St, #B-231  
Bakersfield, CA 93301

**Farzin Shariatmadari, MD**  
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3838 San Dimas St, #B-231  
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***Urology***  
**Hau Chang, MD**  
661.327.3638  
2120 Truxtun Ave  
Bakersfield, CA 93301

**Bruce Joseph, MD**  
661.323.6660  
6001-B Truxtun Ave, #220  
Bakersfield, CA 93309

**Shabbir Shakir, MD**  
661.395.0688  
2808 F St, # E  
Bakersfield, CA 93301

**Bruce Stone, DO**  
661.631.5686  
1902 B St, #B  
Bakersfield, CA 93301

**Robert Waguespack, MD ■**  
661.321.3303  
2530 F St, #B  
Bakersfield, CA 93301



# *GEMCare Laboratory, Radiology & Physical Therapy Services*



## *Radiology Services*

### **Kern Radiology** 661.324.7000

2301 Bahamas Dr  
Bakersfield, CA 93309

3838 San Dimas St, A-120  
Bakersfield, CA 93301

9330 Stockdale Hwy, #100  
Bakersfield, CA 93311

### **Mercy Southwest Hospital**

661.663.6281  
400 Old River Rd  
Bakersfield, CA 93311

### **Kern Valley Hospital**

760.379.2681  
6412 Laurel Ave  
Lake Isabella, CA 93240

### **Tehachapi Hospital**

661.822.3241  
115 West E St  
Tehachapi, CA 93561

Truxtun Radiology  
661.325.6800  
100 East North St  
Taft, CA 93268

## *Laboratory Services*

### **Physicians Automated Laboratories** 661.325.0744

2821 H St  
Bakersfield, CA 93301

1801 16th St, #A  
Bakersfield, CA 93301

2012 17th St  
Bakersfield, CA 93301

3551 Q St, #105  
Bakersfield, CA 93301

9830 Brimhall Rd  
Bakersfield, CA 93312

3409 Calloway Dr, #101  
Bakersfield, CA 93312

904 E. Brundage Ln  
Bakersfield, CA 93307

2201 Mt Vernon Ave, #104  
Bakersfield, CA 93306

6001-D Truxtun Ave, #420  
Bakersfield, CA 93309

4700 Panama Ln, #114  
Bakersfield, CA 93313

9330 Stockdale Hwy, #300  
Bakersfield, CA 93311

1004 14th Ave  
Delano, CA 93215

5540 Lake Isabella Blvd, #200  
Lake Isabella, CA 93240

177 Aviation St  
Shafter, CA 93263

107 Adkisson Way  
Taft, CA 93268

### **Quest Diagnostics**

661.822.1980  
807-D Tucker Rd  
Tehachapi, CA 93561

## *Physical Therapy Services*

### **Terrio Therapy-Fitness**

661.616.9150  
4300 Resnik Ct, #104, Bldg A  
Bakersfield, CA 93313

661.616.4006  
1128 Truxtun Ave  
Bakersfield, CA 93301

661.617.1182  
901 Tower Way, #101  
Bakersfield, CA 933099

661.873.7100  
2838 Oswell St  
Bakersfield, CA 93306

661.615.6600  
3400 Calloway Dr, #603  
Bakersfield, CA 93312

661.663.9675  
9000 Ming Ave, #T1  
Bakersfield, CA 93311

661.822.2001  
815 Tucker Rd, #C  
Tehachapi, CA 93561



# *GEMCare Urgent & Emergent Care*



In case of an urgent or emergent situation, GEMCare Medical Group provides a telephone triage nurse service for its members. The GEMCare Health Line offers GEMCare members the opportunity to talk to a trained professional who can answer medical questions and concerns. The service is offered 24 hours a day, 7 days a week.

**661.716.7100**  
**800.414.5860**

During the hours your physician's office is open, you should call him directly for advice. **If your situation is life-threatening, call 911.**

## *Urgent Care Centers*

### **Memorial Urgent Care**

661.326.0088

3838 San Dimas St, #B-100  
Bakersfield, CA 93301

### **Pedi Center**

661.410.9500

9900 Stockdale Hwy, #105  
Bakersfield, CA 93311

### **Sendas Northwest Urgent Care**

661.587.2500

3409 Calloway Dr, #101  
Bakersfield, CA 93312

### **Sendas Southwest Urgent Care**

661.587.2500

9450 Ming Ave  
Bakersfield, CA 93311

### **Westside Urgent Care**

661.765.1935

101 Adkisson Way  
Taft, CA 93268

## *Hospitals*

### **Mercy Hospital**

661.632.5000

2215 Truxtun Ave  
Bakersfield, CA 93301

### **Bakersfield**

#### **Memorial Hospital**

661.327.1792

420 34th St  
Bakersfield, CA 93301

### **Mercy Southwest Hospital**

661.663.6000

400 Old River Rd  
Bakersfield, CA 93311

### **Kern Valley Hospital**

760.379.2681

6412 Laurel Ave  
Lake Isabella, CA 93240

## *Optometrists*

**Nytarsha Brown, OD**  
**Janae Vance, OD**  
**Stan Yang, OD**  
661.327.4499

1001 Tower Way, #150  
Bakersfield, CA 93309

**Cache Crawford, MD**  
**John Hawley, OD**  
661.588.8222  
3911 Coffee Rd, #B  
Bakersfield, CA 93308

**John Fagan, OD**  
661.822.1212  
20231 Valley Blvd, #G  
Tehachapi, CA 93561

**Casey Finn, OD**  
661.399.7911  
2022 N Chester Ave, #B  
Bakersfield, CA 93308

**Jack Groves, OD**  
661.746.2765  
550 Central Ave  
Shafter, CA 93263

**Lisa Higson, OD**  
661.835.1104  
1002 Wible Rd, #1  
Bakersfield, CA 93304  
**Also**  
661.213.3000  
9820 Brimhall Rd  
Bakersfield CA 93312

**Dawson Li, OD**  
661.835.1104  
1002 Wible Rd, #1  
Bakersfield, CA 93304  
**Also**  
661.845.8900  
10130 Main St, #E  
Lamont, CA 93241

**Jane Li, OD**  
661.833.4040  
4649 Planz Rd  
Bakersfield, CA 93309

**Fred Narzisi, OD**  
**Stephen Ratty, OD**  
661.327.2681  
2222 E St, #1  
Bakersfield, CA 93301

# *GEMCare Routine Optometry Referrals*



Check your health plan benefits. Many health plan benefits include one routine eye examination per 12-month period. GEMCare has contracted with several local optometrists to provide these services on a self-referral basis. To request an authorization for a routine eye exam:

- Make an appointment with one of the optometrists listed below. Please have your health plan identification card available.
- Your appointment should be scheduled after five working days to allow time to verify eligibility and benefits.
- The optometrist's office will coordinate an authorization from Managed Care Systems, administrators for GEMCare.

This authorization covers the routine optometry examination only. If you have questions about your eyewear benefit, please contact the Benefits Coordinator at your place of employment.

# GEMCare Well Woman, Gynecological & Obstetric Care

If you are a woman enrolled in GEMCare (Golden Empire Managed Care) you may self refer to an OB/GYN for your annual well woman exam, gynecological and obstetrical care.

This benefit is being offered by the physicians listed below. To take advantage of this benefit, please call the physician of choice, identify yourself as a GEMCare member and schedule an appointment.

If you have any questions regarding this benefit, please call the GEMCare Customer Service Department at 661.716.7100 or 800.414.5860.



## Obstetricians & Gynecologists

### *San Dimas Medical Group*

Wendy Crenshaw, MD  
Noel Del Mundo, MD  
Dana Edwards, MD  
Sonia Ghai, MD  
Tillaikarasi Kannappan, MD  
Gregory Klis, MD  
Luis Lopez, MD  
Jacqueline Olango, MD  
Marietta Tan, MD  
James Tsai, MD  
Jigisha Upadhyaya, MD

661.663.4800  
300 Old River Rd, #200  
Bakersfield, CA 93311

Edward Allen, MD  
661.326.0333  
3807 Union Ave, #A  
Bakersfield, CA 93305

Todd Andrews, MD  
661.395.1900  
2323 16th St, #401  
Bakersfield, CA 93301

Tong Chung, MD  
661.325.3441  
503 W Columbus St, #A  
Bakersfield, CA 93301

Antonio Garcia, MD  
661.322.4902  
1524 27th St, #405  
Bakersfield, CA 93301

Tony Hoang, MD  
661.843.7673  
2031 17th St, #1  
Bakersfield, CA 93301

Miguel Lascano, MD  
661.322.4902  
1524 27th St, #405  
Bakersfield, CA 93301  
Also  
661.322.4902  
1150 East Lerdo Hwy  
Shafter, CA 93263

Philipp Melendez, MD  
661.325.7103  
3543 San Dimas St, #B  
Bakersfield, CA 93301

Jum Min, MD  
661.324.4714  
4050 San Dimas St, #A  
Bakersfield, CA 93301

John Owens, MD  
(Gynecology Only)  
661.401.2000  
4000 Physicians Blvd, #E211  
Bakersfield, CA 93301

Hansa Patel, MD  
661.327.9154  
622 34th St  
Bakersfield, CA 93301

Leonard Perez, MD  
Vasanthi Srinivas, MD  
661.322.6700  
1524 27th St, #201  
Bakersfield, CA 93301

Rahul Sharma, MD  
661.664.0314  
9610 Stockdale Hwy, #B  
Bakersfield, CA 93311

Hans Yu, DO  
661.549.2566  
9508 Stockdale Hwy, #110  
Bakersfield, CA 93311



# *Communicating With Your Doctor:* *The Key to Establishing a Good Doctor-Patient Relationship*

For some people, a visit to their doctor is an intimidating experience. One way to make a visit to your doctor's office more rewarding is to know ahead of time how to make the most of the doctor-patient relationship.

The doctor-patient relationship is really a partnership. The doctor provides medical assistance and guidance, and the patient provides information, asks questions and follows the treatment plan. The following suggestions can help you more effectively communicate with your doctor during your visit:

■ Prepare for your appointment beforehand. Write down information to share with your doctor such as:

- the problem or concern
- the symptoms, when they started
- how often the symptoms occur
- the part of the body involved
- if you have had the symptoms before
- any family members with the same symptoms or illness
- home remedies or over-the-counter medications you have tried

■ Bring any related health records with you to your appointment. These records should include information about allergies and other health problems. Also, tell your doctor about any medications prescribed by another doctor and nonprescription medications you use.

■ Be specific when describing your symptoms to your doctor. Avoid vague statements such as "I feel sick." Instead say "For the past five days I have had headaches and nausea." The more details you provide, the easier it will be to make a diagnosis.

■ When your doctor offers information, make sure that everything is completely clear. If your doctor prescribes medication, ask what the medication is, how to take it, and what side effects might be involved. Take notes during your visit. You won't benefit from your doctor's advice if you don't remember it.

■ Keep the lines of communication open so that your doctor knows how you are progressing.

Remember, by becoming more actively involved in the doctor-patient relationship, you can actually improve the quality of the health care you receive.

